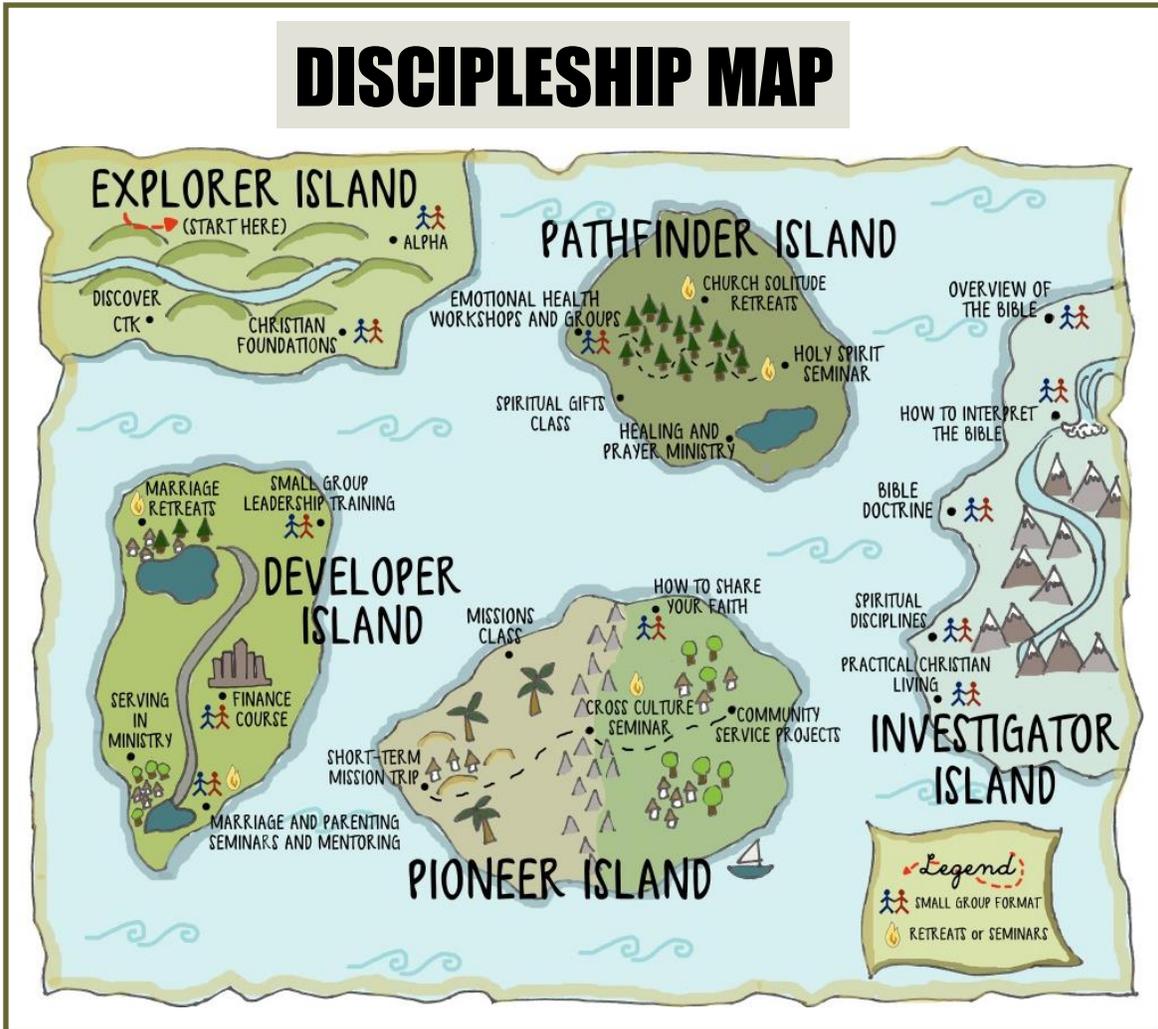


CTK

CHRIST THE KING
VINEYARD CHURCH

DISCIPLESHIP MAP



A Guide to Discipleship at Christ the King

What is the Discipleship Map?¹

One goal of discipleship is to *plug into a small group and plug into a ministry*. That's not a bad goal (that was basically Jesus' goal—come follow me in community and I will send you out to make disciples). In fact, discipleship is generally more effective organically than it is organizationally. That means we see more effective spiritual growth through close relationships of two or three in accountability along with personal outreach than we do strictly through programmatic ministries.

However, that strategy does not always take into consideration all of an individual's specific needs. We want to develop a process for helping people grow in their faith that is more strategic. We recognize that it is helpful to supplement discipleship with tools that aid in personal spiritual development, yet not replacing the all-important personal relationships component.

The Discipleship Map was developed out of a desire to provide a structured yet flexible framework to help people take the next steps in their faith journey. American Poet William Stafford wrote of people who want a “wilderness with a map.” That describes our generation. We want to experience the wild and untamed adventure of life, but at the same time, we desire a roadmap of some sort.

The Discipleship Map includes the groups, retreats, seminars, classes, and experiences that we believe every attendee should participate in during their time at CTK. The journey begins at Explorer Island with Alpha, a practical introduction to the Christian faith, and Discover CTK (formerly membership class) to learn about our mission, vision, values, and beliefs as a church. Then explorers can move to Christian Foundations, a two-part 8-week small group that introduces people to the basics of the Christian life.

Each island contains other experiences to help people continue to grow in a particular area. We designed the map with the goal that a person could complete all five islands in a two year time frame.

The map is different from most discipleship strategies in the following ways:

- **It is not linear.** It is rooted in the belief that discipleship is a journey. Instead of giving a linear set of points to reach or boxes to check off, it gives road markers to help people navigate their spiritual growth.
- **It is not one-size-fits-all.** It does not assume that everyone needs to learn in the same pattern. There is flexibility to jump in and out as needed.
- **It does not have an endpoint.** The journey never ends. Individuals are encouraged to explore all the islands. Each island will be populated with discipleship experiences and our small groups help people continue their journeys. We never “arrive” at home plate or at the top of a ladder. It is a life-long process of discovery and growth.

Many of the dates are still being determined for the Discipleship Map islands. If you are interested in a particular area, or if you have questions, please contact:

Pastor Marc
Connect Pastor of Small Groups and Discipleship

¹Concept borrowed from Heather Zempel, *National Community Church*

MAP OVERVIEW

EXPLORER ISLAND

Exploring what Christianity and Christ the King Vineyard Church is all about!

PATHFINDER ISLAND

Encountering God in personal and experiential ways through pathways of the Holy Spirit!

INVESTIGATOR ISLAND

Learning about the Bible, the truths of Christianity, and your relationship with God!

PIONEER ISLAND

Serving and reaching out to others in your community and world!

DEVELOPER ISLAND

Leadership Development (whether leading a small group or ministry) and Personal Development (whether in your marriage, parenting, or finances)!

YOUR BOAT!

The boat you travel on from island to island represents your daily life and weekly routine and that is where we would include aspects of the Christian life that we encourage participation in regularly such as attending church services, small group fellowship, personal prayer and Bible study, and giving of our time, talents, and treasure.

EXPLORER ISLAND

ALPHA

This course is specially designed for you to explore the Christian faith and find out what it means to be a disciple of Jesus. Alpha is a safe place to probe for answers to life's tough questions in a relaxed, no pressure environment. At each meeting we will share a meal, watch a video teaching, and then have the opportunity to discuss in small groups. Everyone is welcome, especially:

- Those wanting to investigate Christianity
- New Christians
- Newcomers to the church
- Those who want to brush up on the basics
- Those who have been through Alpha who would like to bring a friend

DISCOVER CTK

Discover CTK (Christ the King), known formerly as Membership Class, is a basic introduction to our church's vision, mission, values, beliefs, pastoral staff and church membership. Learn more about the church and who we are in a relaxed environment.

CHRISTIAN FOUNDATIONS

This is a new class in a small group format that explores the basics of the Christian life. It is offered in two parts, each meeting for 8-weeks. Next offering to be determined.

Christian Foundations I will explore: Your Purpose in Life, Your Value to God, Applying God's Word, Practicing Prayer, God's Pattern for Change, Restoring Your Relationship to God through Forgiveness, Biblical Communication, and Mending Broken Relationships with Others.

Christian Foundations II will explore: Understanding Worry, Anxiety and Fear; Understanding Anger; Evangelism; Stewardship; Singleness and Marriage; the Christian Family; the Local Church; and Biblical Leadership.

PATHFINDER ISLAND

CHURCH SOLITUDE RETREAT

This retreat offers a time to practice solitude in quiet reflection led by a spiritual director to help guide individuals into the practice of spending time alone in the presence of God. This spiritual discipline has been practiced throughout church history and was a regular practice of Jesus (Mark 1:35; Luke 4:42, 5:16, 6:12).

HOLY SPIRIT SEMINAR

This half day seminar is an introduction to the Person and work of the Holy Spirit and how you can experience Him in your life. This seminar explores the biblical basis for the ministry of the Holy Spirit,

discusses how to practically hear God's voice and how to incorporate these principles holistically in your daily walk with God.

HEALING AND PRAYER MINISTRY

Healing Prayer Class

This class will help you grow in the Holy Spirit by learning about biblical healing, how we hear from God, and how to grow in the effectiveness of prayer especially with seeing others healed. This class will cover both biblical and practical aspects, with examples and time for questions and answers. It will also include a time to pray for those in need of healing, whether physical, emotional, or spiritual.

Ongoing Prayer Ministry

CTK has a prayer ministry team trained to pray for anyone desiring someone to pray for them. This is offered at the end of each of our Sunday morning services. We also periodically offer training for those desiring to join the prayer ministry team.

SPIRITUAL GIFTS CLASS

This class will teach on spiritual gifts, explore the various gifts, what they mean and how they are used, and offer an assessment for participants to help discover each person's unique God given gifts. This class will help participants discern their unique callings in life and ministry.

EMOTIONAL HEALTH WORKSHOPS AND GROUPS

These workshops are taught by professional Christian counselors on various topics concerning our emotional health. These are offered throughout the year. Stay tuned for when the next workshop will be offered.

INVESTIGATOR ISLAND

OVERVIEW OF THE BIBLE

This 8-week class will give an overview of the entire Bible from Genesis-to-Revelation.

HOW TO INTERPRET THE BIBLE

This 6-week class teaches important concepts on how to understand the different types of literature in the Bible and how to interpret them. It explores the epistles, narratives, parables, law, prophecy, poetry, wisdom and apocalyptic literature.

BIBLE DOCTRINE

This class will provide a basic course in systematic theology, which looks at the major doctrines of theology found in the Bible. Topics include the doctrine of God, the Trinity, Jesus Christ, the Holy Spirit, the Bible, Humankind, Salvation, the Church, Satan, the Second Coming, and Eternity.

SPIRITUAL DISCIPLINES

This class will provide teaching on the Spiritual Disciplines (sometimes called Spiritual Formation). These are practices Jesus both taught and demonstrated. Some examples include prayer, fasting, Bible meditation, worship, solitude and silence.

PRACTICAL CHRISTIAN LIVING

This is a discipleship tool with a workbook designed to be done with a mentor coach either 1-on-1 or in a group of 2-3 others. The workbook teaches fundamentals in living the Christian life while regularly meeting with a mentor coach to guide you.

PIONEER ISLAND

HOW TO SHARE YOUR FAITH

This short seminar will equip Christians in understanding their role and calling in God's Kingdom to reach out to others in practical, effective and loving ways. It includes understanding the mission Jesus gave us and how to practically apply it in our relationships and community.

MISSIONS CLASS

Perspectives is a 15-week discipleship class that explores God's heart for all people. It's a course in which you will have your eyes opened to God's unchanging purposes and why they are relevant to your life. Classes are offered in multiple locations. Visit www.perspectives.org to register and to learn more.

CROSS CULTURE SEMINAR

Bridges Seminar is designed to equip Christians to bridge the gospel to the Muslim heart and mind. This course is also available in a DVD study. Visit www.crescentproject.org to learn more.

Encountering the World of Islam is a 12-week course featuring expert instructors and an online mentor to learn more on how to understand and build friendships with Muslims with the love of Jesus. Visit www.encounteringislam.org to learn more.

SHORT TERM MISSION TRIPS

These are practical, real-life, hands-on, opportunities to serve God and serve others in providing disaster relief or assisting international missionaries.

COMMUNITY SERVICE PROJECTS

These are ways to show God's love to our community in a practical way and are offered in community service projects such as the Corn Festival, North Olmsted Homecoming Festival, and Leaf Week. There are also smaller ongoing community service opportunities as needs arise, such as helping the disabled or elderly in our community with house or yard projects.

DEVELOPER ISLAND

SMALL GROUP LEADERSHIP TRAINING

This has been offered in the past in the form of a Small Group Leadership Training Orientation. However, there are plans to expand this to a 6-8 week training in a small group format to provide leadership development, specifically to equip small group leaders. We also offer periodic one-day training conferences.

FINANCE COURSE

This course is to equip individuals and families in managing their personal finances including savings, budgeting, getting out of debt, buyer beware, insurance, retirement, college savings, real estate, mortgages, and more.

MARRIAGE RETREAT

Weekend to Remember

What couples learn at this retreat is the result of more than three decades of biblical research by a team of men and women who discovered what it takes to have a successful marriage and family. This weekend provides encouragement, hope, and practical tools to build and grow your relationship. Visit www.familylife.com/events for more information.

MARRIAGE AND PARENTING SEMINARS & MENTORING

This 9-week parenting class uses the “Loving Our Kids on Purpose” curriculum that is designed for new parents, foster parents, step parents, grandparents, children’s workers, and teachers. It is a blend of teaching, storytelling, and humor as well as sharing numerous experiences to help families.

SERVING IN A MINISTRY

This has the widest range and most customizable way to grow in serving others in a ministry at CTK. The reason is that individuals can choose an area to serve that best fits their gifts and passions. Such ministries include (but is not limited to): volunteering in the church office or grounds, worship team, greeters, ushers, audio/video, hospitality, children's and youth ministry, Vacation Bible School (VBS), Royal Rangers and Missionettes (scout-like program for kids), MOPS (Mothers of Preschoolers), Rescuing the Perishing (feeding the homeless), Heaven Train (inner city bus ministry to kids), God's Special Friends (ministry to special needs adults), and more!